

# Native Plants for Midwest and Eastern Great Plains

(North Dakota, South Dakota, Nebraska,  
Kansas, Oklahoma, east Texas, Minnesota,  
Iowa, Missouri, Wisconsin, Illinois)

Source: "*Bringing Nature Home; How You Can  
Sustain Wildlife with Native Plants*",

Updated 2009 by Dr. Douglas W. Tallamy

## Vines

*Ampelopsis cordata*, raccoon grape  
*Celastrus scandens*, American bittersweet  
*Lonicera dioica*, limber honeysuckle  
*Menispermum canadense*, moonseed  
*Parthenocissus quinquefolia*, Virginia creeper  
*Parthenocissus vitacea*, woodbine  
*Vitis cinerea*, winter grape  
*Vitis riparia*, riverbank grape  
*Vitis vulpina*, frost grape

## Streamside plants

*Alnus incana*, gray alder  
*Alnus viridis*, mountain alder  
*Betula pumila*, bog birch  
*Cephalanthus occidentalis*, buttonbush  
*Chamaedaphne calyculata*, leatherleaf  
*Cornus amomum*, silky dogwood  
*Dirca palustris*, leatherwood  
*Ilex verticillata*, winterberry  
*Salix amygdaloides*, peachleaf willow  
*Salix discolor*, pussy willow  
*Salix eriocephala*, Missouri River willow  
*Salix humilis*, prairie willow  
*Salix interior*, sandbar willow  
*Salix lutea*, yellow willow

*Salix nigra*, black willow

## Ground covers

*Asarum canadense*, wild ginger  
*Cornus canadensis*, bunchberry  
*Gaultheria procumbens*, teaberry  
*Gaylussacia brachycera*, box huckleberry  
*Jeffersonia diphylla*, twinleaf  
*Juniperus horizontalis*, horizontal juniper  
*Maianthemum canadense*, Canada mayflower  
*Mitchella repaens*, partridgeberry  
*Mahonia repens*, creeping mahonia  
*Phlox subulata*, moss pink  
*Podophyllum peltatum*, mayapple  
*Potentilla tridentata*, three-toothed cinquefoil  
*Sibbaldiopsis tridentata*, shrubby fivefingers  
*Tiarella cordifolia*, eastern foamflower  
*Vaccinium vitis-idaea*, mountain cranberry  
*Waldensteinia fragarioides*, barren strawberry

## Herbaceous perennials, dry sites

*Anemone canadensis*, Canada anemone  
*Aquilegia canadensis*, wild columbine  
*Asclepias syriaca*, common milkweed  
*Asclepias tuberosa*, butterfly weed  
*Aster ericoides*, white heath aster  
*Baptisia alba*, wild white indigo  
*Baptisia australis*, blue false indigo  
*Campanula rotundifolia*, harebell  
*Caulophyllum thalictroides*, blue cohosh  
*Cimicifuga racemosa*, black cohosh  
*Coreopsis lanceolata*, tickseed  
*Cypripedium parviflorum*, lesser yellow lady's  
slipper  
*Echinacea purpurea*, purple coneflower  
*Eupatorium rugosum*, white snakeroot  
*Geranium maculatum*, wild geranium  
*Geum triflorum*, prairie smoke  
*Hedyotis caerulea*, bluets  
*Heliopsis helianthoides*, oxeye

*Hepatica acutiloba*, sharp-lobed hepatica  
*Heuchera americana*, alumroot, coral bells  
*Hydrastis canadensis*, goldenseal  
*Iris cristata*, crested iris  
*Lilium philadelphicum*, wood lily  
*Lupinus perennis*, blue lupine  
*Mitella diphylla*, miterwort  
*Oenothera fruticosa*, sundrops  
*Opuntia humifusa*, eastern prickly pear  
*Panax quinquefolius*, ginseng  
*Ratibida pinnata*, pinnate prairie coneflower  
*Rudbeckia fulgida*, orange coneflower  
*Rudbeckia hirta*, black-eyed Susan  
*Rudbeckia laciniata*, cutleaf coneflower  
*Sanguinaria canadensis*, bloodroot  
*Sisyrinchium angustifolium*, blue-eyed grass  
*Solidago caesia*, blue-stem goldenrod  
*Solidago rugosa*, rough-stem goldenrod  
*Solidago speciosa*, showy goldenrod  
*Tradescantia ohioensis*, Ohio spiderwort  
*Trillium flexipes*, bent trillium  
*Trillium grandiflorum*, white trillium  
*Trillium sessile*, red trillium  
*Uvularia grandiflora*, large-flowered bellwort  
*Viola pedata*, bird's foot violet

## Herbaceous perennials, moist and wet sites

*Actaea rubra*, red baneberry  
*Anemone quinquefolia*, wood anemone  
*Arisaema triphyllum*, Jack-in-the-pulpit  
*Asclepias incarnata*, swamp milkweed  
*Aster novae-angliae*, New England aster  
*Boltonia asteroides*, false aster, white doll's  
daisy  
*Calla palustris*, water arum  
*Caltha palustris*, marsh marigold  
*Chelone glabra*, turtlehead  
*Cimicifuga racemosa*, black cohosh

## Herbaceous perennials, moist and wet sites (continued)

*Clintonia borealis*, blue bead lily  
*Coreopsis rosea*, pink coreopsis  
*Delphinium tricorne*, dwarf larkspur  
*Dicentra canadensis*, squirrel corn  
*Dicentra cucullaria*, Dutchman's breeches  
*Dodecantheon meadia*, shooting star  
*Erythronium americanum*, yellow trout lily  
*Eupatorium maculatum*, spotted Joe-Pye weed  
*Eupatorium perfoliatum*, boneset  
*Filipendula rubra*, queen of the prairie  
*Gentiana clausa*, closed gentian  
*Helenium autumnale*, Helen's flower, sneezeweed  
*Hepatica americana*, round-lobed hepatica  
*Hibiscus moscheutos*, rose mallow  
*Iris versicolor*, blue flag iris  
*Liatris spicata*, spiked blazing star  
*Lobelia cardinalis*, cardinal flower  
*Lobelia siphilitica*, great blue lobelia  
*Lupinus perennis*, blue lupine  
*Mertensia virginica*, Virginia bluebells  
*Monarda didyma*, beebalm  
*Monarda fistulosa*, wild bergamot  
*Packera aurea*, golden ragwort  
*Penstemon digitalis*, foxglove beardtongue  
*Penstemon hirsutus*, hairy beardtongue  
*Phlox divaricata*, wild blue phlox  
*Phlox maculata*, wild sweet William  
*Physostegia virginiana*, false dragonhead  
*Polemonium reptans*, creeping Jacob's ladder  
*Polygonatum commutatum*, Solomon's seal  
*Smilacina racemosa*, false Solomon's seal  
*Stylophorum diphyllum*, celandine poppy  
*Teucrium canadense*, wood sage  
*Thalictrum dasycarpum*, purple meadow rue  
*Thalictrum pubescens*, tall meadow rue  
*Tradescantia virginiana*, Virginia spiderwort

*Trientalis borealis*, starflower  
*Veronicastrum virginicum*, Culver's root  
*Viola cucullata*, marsh blue violet  
*Viola pubescens*, yellow violet  
*Viola sororia*, hooded violet  
*Zizia aurea*, golden Alexanders

## Grasses, sedges, and rushes

*Acorus calamus*, sweetflag  
*Andropogon gerardii*, big bluestem  
*Andropogon virginicus*, broomsedge  
*Aristida purpurea*, three awn  
*Bouteloua gracilis*, blue gramagrass  
*Buchloe dactyloides*, buffalograss  
*Carex muskingumensis*, palm sedge  
*Carex pennsylvanica*, Pennsylvania sedge  
*Carex plantaginea*, plantain sedge  
*Carex platyphylla*, broadleaf sedge  
*Chasmanthium latifolium*, river oats  
*Deschampsia cespitosa*, tufted hairgrass  
*Elymus glaucus*, blue wild rye  
*Eragrostis spectabilis*, purple lovegrass  
*Juncus effusus*, common rush  
*Panicum virgatum*, switchgrass  
*Scirpus cyperinus*, bulrush, woolgrass  
*Schizacharium scoparium*, little bluestem  
*Sorghastrum nutans*, Indian grass  
*Spartina pectinata*, prairie cordgrass  
*Sporobolus heterolepsis*, prairie dropseed  
*Tridens flavus*, purpletop  
*Typha angustifolia*, narrow-leaf cattail

## Ferns

*Adiantum pedatum*, maidenhair fern  
*Asplenium trichomanes*, spleenwort, maidenhair spleenwort  
*Athyrium filix-femina*, lady fern  
*Botrychium virginianum*, rattlesnake fern  
*Cheilanthes lanosa*, hairy-lip fern  
*Cryptogramma stelleri*, slender rock brake

*Cystopteris fragilis*, brittle bladder fern, fragile fern  
*Dennstaedtia punctilobula*, hayscented fern  
*Dryopteris cristata*, crested wood fern  
*Dryopteris filix-mas*, male fern  
*Dryopteris goldiana*, Goldie's fern  
*Dropteris intermedia*, evergreen wood fern  
*Dropteris marginalis*, marginal shield-fern  
*Gymnocarpium dryopteris*, oak fern  
*Matteuccia struthiopteris*, ostrich fern  
*Onoclea sensibilis*, sensitive fern  
*Osmunda cinnamomea*, cinnamon fern  
*Osmunda claytoniana*, interrupted fern  
*Osmunda regalis*, royal fern  
*Pellaea atropurpurea*, purple cliffbrake  
*Phegopteris hexagonoptera*, broad beech fern  
*Polypodium virginianum*, rock polypody  
*Polystichum acrostichoides*, Christmas fern  
*Polystichum braunii*, Braun's holly fern  
*Pteridium aquilinum*, bracken fern  
*Thelypteris palustris*, marsh fern  
*Woodsia obtusa*, blunt-lobed woodsia  
*Woodwardia virginica*, chain fern